

Lowanna College Sports Excellence Program

AFL Boys



The Lowanna College Sports Excellence Program (SEP) is committed to providing students with the highest quality specialised sports program, as the only government school-based sporting and academic development program in Gippsland. We are offering students elite coaching, excellent facilities and training during school hours while delivering a complete secondary school curriculum. The program is currently offered from Years 8 to 12.

Achievements

AFL Drafted Players

Sam Flanders 2019- Gold Coast Suns
Brock Smith 2019- Brisbane Lions
Leo Connolly 2019- St.Kilda
Harry Pepper 2019- Hawthorn

AFL Team Achievements

2018/19 Herald Sun Country Shield State Semi Finalists
2017 Senior Boys SSV Gippsland Champions
2017 Intermediate Boys Gippsland Champions
2015 Intermediate Boys Champions
2014 Year 7 Boys Gippsland Champions

Vic Country Under 16s

Leo Connolly 2017
Sam Flanders 2017 (All Australian)
Brock Smith 2017

Vic Country Under 18s

Harry Pepper 2019
Sam Flanders 2018/19 (All Australian 2019)
Brock Smith 2018/19
Riley Baldi 2019

Gippsland Power Representatives

Wade Anderson (2018)
Trent Baldi (2018/19)
Riley Baldi (2018/19) 2019 Vice Captain
Sam Flanders (2017/18/19)
Brock Smith (2017/18/19) 2019 Captain
Leo Connolly (2018/19)
Zac Skinner (2018/19)
Harry Pepper (2018/19)

Gippsland Power Under 16s

Brock Smith (2017)
Leo Connolly (2017)
Zac Skinner (2017)
Riley Baldi (2017)
Trent Baldi (2017)
Lachlan Rock (2018)
Luke Summersgill (2019)

What We Offer

Elite Sports Coaching

We provide our students with access to the best sporting coaches in Gippsland and National level sporting clubs. We offer elite athlete preparation and expose our students to high level training and skill-based development.

Athletic Development

Students are provided with individual training programs which maximise skill and strength development, to improve their athletic performance. They are introduced to advantage strategies and tactics for both individual and team performance.

Educational Pathways

The academic program offered can be intergrated into higher performing VCE, VET and VCAL programs. This will provide students with a Certificate III in Sport and Recreation at Years 10 & 11, which opens various pathways through the sport and recreation industry. Educational programs can be modified to suit individual student requirements.

Growth Mindset

Lowanna College Sport Excellence graduates develop a positive attitude to their sporting endeavours. This mindset ensures our students are in the best position to continue to experience success beyond Lowanna.

Weekly Program

2x sport specific skills sessions, 1-2x fitness and conditioning, game simulation, structured theory lessons and guest speakers.

Staff



Allan Chandler HEAD COACH

- Level 2 AFL Accredited Coach
- Gippsland Power Under 16 Coach 2019
- Gippsland Power Under 18 Assistant coach 2018/19
- Churchill Football Club Playing Coach 2014-16 (2014 Premiership)



Rhett McLennan ASSISTANT COACH

- Head Coach of Gippsland Power FC's NAB League Team
- Level 2 AFL Accredited Coach
- Talent Pathway Coach for Gippsland
- 22 years and 306 games of senior football including 5 years of AFL Reserves and State League football
- 17 years of coaching experience



Mike Santo ASSISTANT COACH

- Hill End Senior Football coach 2018- current
- Level 1 AFL coach
- Senior Player- 501 goals (137 senior games)
- Numerous Club Leading Goal Kicker awards



Malcolm Swinley STRENGTH & CONDITIONING

- Bachelor Applied Science
- Lectured Exercise Physiology
- Tennis Australia Club Coach
- Active Coach for 40 years
- Past Administrator VIS Fitness Testing
- International Tennis Experience



72-96 Newark Avenue,
Newborough, VIC 3825

P: (03) 5127 9200

F: (03) 5127 7953

E: lowanna.co@edumail.vic.gov.au

www.lowanna.vic.edu.au

[facebook.com/LowannaCollege](https://www.facebook.com/LowannaCollege)

In partnership with:

